

We.f 16<sup>th</sup> January, 2016

|                  | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY   | SATURDAY  | SUNDAY   |
|------------------|---|--|---|--|--|---|--|
| <b>BREAKFAST</b> | CUTLET,<br>SPROUTS<br>BREAD BUTTER,<br>Cornflakes<br>MILK/TEA               | PAV BHAJI,<br>CHUTNEY<br>MILK/TEA<br>BREAD BUTTER                    | ALOO<br>PARANTHA,<br>DHANIYA<br>CHUTNEY,<br>MILK/TEA<br>BREAD BUTTER                | IDLY SAMBHAR,<br>Cornflakes,<br>BREAD BUTTER<br>MILK/TEA   | PURI ALOO,<br>BREAD BUTTER<br>MILK/TEA   | POHA, CHUTNI,<br>ALOO<br>SANDWICH<br>MILK/TEA                                     | VADA<br>SAMBHAR,<br>MILK/TEA<br>BREAD<br>BUTTER  |
| <b>LUNCH</b>     | Chole,<br>SITAFAL KI SUBZI,<br>RICE, ROTI,<br>SALAD, PAPAD<br>BOONDI RAITA. | DAL MAKHANI,<br>GHIYA KOFTA,<br>RICE, ROTI<br>SALAD, PAPAD<br>RAITA. | MOONG DAL,<br>GOBHI ALOO<br>RICE, ROTI,<br>PAPAD<br>SALAD<br>RAITA.                 | KADHI,<br>Methi Aloo,<br>RICE, ROTI, PAPAD<br>SALAD.       | MANCHURIAN<br>WITH GRAVY,<br>BEANS ALOO<br>FRIED RICE, ROTI<br>SALAD, PAPAD<br>RAITA | CHOLE<br>BHATURE,<br>KHICHDI<br>SALAD, PAPAD<br>PICKLE<br>CURD                    | VEGETABLE<br>PULAO,<br>Rajma,<br>MIX VEG<br>RAITA<br>ROTI<br>SALAD,<br>PAPAD                                 |
| <b>SNACKS</b>    | PAKORI<br>COFFEE  | CHOWMEIN,<br>TEA   | VEG SANDWICH<br>TEA   | SAMOSA,<br>COFFEE  | PAKORI<br>COFFEE   | MACKRONI<br>TEA   | BREAD ROLL,<br>TEA   |
| <b>DINNER</b>    | KALA MASOOR<br>DAL,<br>ALOO MATAR,<br>RICE, ROTI,<br>SALAD,<br>SEWAIYAN.    | ARHAR DAL FRY,<br>SHIMLA MIRCH,<br>ROTI, RICE<br>SALAD<br>HALWA      | CHICKEN<br>MASALA,<br>SHAHI PANEER,<br>DAL,<br>RICE, ROTI,<br>SALAD,<br>GULAB JAMUN | MALAI KOFTA<br>MIX VEG<br>JEERA RICE<br>ROTI<br>ICE CREAM. | EGG CURRY<br>MIX DAL,<br>PALAK PANEER,<br>RICE, ROTI<br>SALAD<br>KHEER.              | DAL MAKHANI,<br>GAJAR MATAR<br>Mushroom,<br>RICE, ROTI<br>SALAD<br>Coconut Barfy. | KADHAI<br>PANEER,<br>CHICKEN<br>BIRYANI,<br>VEG BIRYANI,<br>RAITA,<br>RICE, ROTI<br>SALAD<br>GULAB<br>JAMUN. |

